

November 16, 2023

Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know that today is International Day for Tolerance? Here's a simple quote to remind us why tolerance matters:

"Being different is what makes us interesting. Tolerance is what makes us friends." - Unknown

We've all had moments with our friends when differences made us think about ending our friendships. Maybe someone had a different way of looking at things, and it made us upset. But if we look back now, were those differences really that big of a problem? People have different opinions, and sometimes it's because of their culture or religion.

Today, let's take a moment to say thanks to our friends and ourselves for not ending friendships over different opinions. Tolerance helps us understand each other better and makes our world a friendlier place.

Thanks for listening have a Tolerance is Key Thursday 😊

Affirmation of the Day:

I matter.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team
Positivity is our dream
We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

