

January 13, 2023

Good morning! It's Rainie from the SEAL Team, here with you all for SEAL Summary Friday.

Today is Friday the 13th. A day conceived to be unlucky and a bad omen in Western superstition. It occurs on the 13th day of a month in the Gregorian calendar on a Friday. It happens 1-3 times a year. No one knows when the negative superstitions surrounding the number 13 began, but it's been there for a long, long time. Many Western cultures have associated the number 12 for completion and harmony, but 13 has had a history of bad luck. There is even a name for the fear of the number 13, as well as the fear of Friday the 13th in general. Most of the reasons why 13 is a bad omen revolves around having 13 guests. Although Friday isn't really associated with bad luck, some people think that the reason why it is associated with 13 might be because of its roots in the Christian tradition. The number 13 is only unlucky in the West, since that's where its negative connotations originated from. In Italy, the number 13 is seen as lucky. The number is believed to bring prosperity and life since it is connected to the Great Goddess, fertility, and the moon cycles, which is quite the opposite perspective from that of the

western world. In Asia, the number 4 is considered just as unlucky as 13. In Chinese culture, the character for 4 sounds similar to the Chinese character for death.

Now please take this time to recite the seal pledge with me.

Thanks for listening and have a Fortunate 13th

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

